

# A MANO



**FOR:** A MANO  
335 N. Dearborn St.  
Chicago, IL 60654  
(312) 629-3500  
www.amanochicago.com

**FOR IMMEDIATE RELEASE**  
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*Photography Available*

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**RUN TO A MANO FOR CARBO-LOADING**  
**ITALIAN STYLE AT PASTAPALOOZA!**

*From October 6<sup>th</sup>-11<sup>th</sup>, Enjoy a Three-Course Pasta Dinner for \$26.20,  
Benefiting Girls on the Run-Chicago*

CHICAGO (September 23, 2008) – Nobody does carbs quite like the Italians. In the spirit of the upcoming Chicago Marathon, A MANO (335 N. Dearborn St.) is pleased to announce **Pastapalooza!** From **October 6-11, 2008**, during dinner hours (**5-10 p.m.**) bring a friend and enjoy a special deal on a carbolicious dinner to get revved up for the big race. For **\$26.20 per person**, you and a friend get a **three-course meal** that you can customize to your tastes. And while you carbo-load, you'll be helping a good cause because **\$2 from each Pastapalooza dinner will go to Girls on the Run-Chicago**, a nonprofit organization that uses running to educate and prepare pre-teen girls for a lifetime of self-respect and healthy living.

You and your dining companion hit the ground running, choosing either a **wood oven pizza**, such as Classic Margherita with fresh tomatoes and basil or Prosciutto di Parma with arugula and mozzarella, or a **trio of antipasti and salumi** to share. Then you'll push on to a **handmade pasta** each for your entree. Try Capellini with sautéed prawns, roasted peppers, arugula and hazelnut pesto, or go for a classic, Nonna Caputo's Lasagna Bolognese. Cross the finish line with your **choice of a dessert** each. You can opt for A MANO's fresh, homemade gelato and sorbetto or go the extra mile with carbolicious treats like Citrus-Glazed Semolina Cake and Pine Nut and Rosemary Tart with Marsala cream and fresh figs.

Either way, everyone's a winner.

Call A MANO at **(312) 629-3500** for more information or to make a reservation.

**About Girls on the Run:**

Girls on the Run - Chicago (GOTRC) is a non-profit, community-based program that uses the power of running to educate and prepare girls for a life time of self-respect and healthy living. More than 400 volunteer coaches mentor young girls (ages 8-13) in after-school sessions that combine training for a 3.1 mile running event with self-esteem enhancing, uplifting workouts. GOTRC sessions integrate specific life-skills training such as healthy decision-making, conflict resolution, leadership and teamwork. More than 3,000 girls are participating in our program at schools and community sites across Chicagoland this year. Please visit [www.gotrchicago.org](http://www.gotrchicago.org) for more information.

A MANO, a contemporary Italian trattoria from the team behind BIN 36, brings a lively Italian dining experience to Chicago's River North neighborhood. Inspired by the multifaceted *trattorias* and *ristorantes* of Italy, A MANO embraces the best of Italian regional cuisines, focusing on high-quality ingredients, simply prepared. Guests can watch from the dining room as their meal is prepared in A MANO's bustling open kitchen, relax with bar snacks and wine at the 30-foot black granite bar or the comfortably appointed lounge, or savor a scoop of homemade gelato or sorbetto from A MANO's daily-changing list of 12 flavors.

A MANO serves dinner from 5 p.m. to 10 p.m. Monday through Saturday, and 5 to 9 p.m. Sunday. A MANO is open for lunch from 11:30 a.m. to 2 p.m., Monday through Friday, and also offers carry-out options. Valet parking is available during dinner hours. For reservations, please call (312) 629-3500.

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**FOR MORE INFORMATION, PLEASE CONTACT  
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