

Hey, Girls!



Do you want some of your writing to appear on the Girls On The Run, Chicago website(www.gotrchicago.org)? If so, don't miss out on this opportunity! They're looking to have some of your thoughts shared in the GIRLZONE section. Write a short, thoughtful paragraph about one or both of these topics... (Be sure to use complete sentences, great spelling, & proper punctuation.) *If you need more space use the back or a separate sheet of paper.*

What I have learned about myself at Girls on the Run ...

I learned about myself that all I have to do is be myself. I learned that I could also improve my running skills. I learned that in Girls on the Run that I should encourage other people. I learned about myself is that in Girls On the Run, we should express our feelings. And I learned that I should express my feelings all the time not just sometimes.

What inspires me...

I get inspired because I really had not seen girls in different grades get along with each other easily. I'm inspired by Girls On The Run because it shows a way to let different girls get along with each other and shows to encourage people. It also inspires me that people can run differently and that's what makes this program special.

Name Winnie [redacted]

Age 10

*When you're done, return this to your coach. Thanks! ☺